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_	Artist Name: Sarah McAdams
_	Track Name: Rewind and Stop
_	Track Length: 3:11
_	ISRC Code: AULDZ1900001
_	Writer/s Name/s: Sarah McAdams
_	Release Date: 28/07/2020
_	Album Name: Train Wreck Hearts
_	Website address: https://www.sarahmcadams.com
_	Youtube:
_	Facebook: https://www.facebook.com/SarahMcAdamsMusic
_	Instagram: https://www.instagram.com/smcadamsmusic_/
_	Spotify:
ב	Apple Music:
_	Twitter:

Sarah McAdams – Rewind and Stop

Sarah McAdams, a self-described Alternative Country Artist, is a recent graduate of the 2020 CMAA Senior Academy of Country Music. She has a modern, fresh and youthful writing style that comes from the heart. 'Rewind and Stop', the 2nd radio release from her Debut EP 'Train Wreck Hearts' has a youthful pop country feel with flawless vocals and catchy harmonies that will be stuck in your head all day. This will be a song to watch. 'Rewind and Stop' is all about those feelings you get when you are with that special someone and you just want to stop time and hold onto that moment for just a little longer.

'Rewind and Stop' was written by Sarah McAdams and recorded with Rod Motbey of Tracking Dog Studios. 'Train Wreck Hearts' is the Debut EP for Sarah McAdams. Released 13th March 2020 and topped the Australian Apple iTunes Country Album chart at #1 and overall Australian Apple iTunes Album chart at #3 Sarah's Debut single 'Train Wreck Hearts' entered the Country Thunder top 20 at #3 and stayed in the chart for 15 weeks.

'Amber' had Pete Drummond of Dragon play Drums and 'Train Wreck Hearts' had Glenn Cunningham do backing vocals.

Fiddle and Mandolin were performed by Luke Moller, a well-known session musician.

- 'Train Wreck Hearts' was a semi-finalist in the 2020 International Song writing competition
- 'Amber' was a semi-finalist in the 2020 TSA in Alt Country & 1st place in Open Song writing for 'Amber' at the 2019 Macarthur Country Music Talent Quest.