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	Artist Name:	The Rough Diamonds
	Track Name:	You Can Start Today
	Track Length:	3:50
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	Original Release Date:	24/08/2021
	Writer/s Name/s:	C. Peterson and E J Palmer
	Album Name:	N/A
	Album Label & No:	N/A
	Facebook: Youtube: Instagram: Twitter: Reverbnation:	www.facebook.com/theroughdiamonds.TRD www.youtube.com/channel/UCQdfHOxT1eeuenLQZJEyyeg www.instagram.com/the_rough_diamonds/ https://twitter.com/TRD_Country www.reverbnation.com/theroughdiamonds

## The Rough Diamonds – You Can Start Today

This latest release from sisters Cec and Em of The Rough Diamonds, is a timely reminder that we all face times when our inner strength is tested. Fog settles in on our thoughts and weighs heavily on our hearts.

You Can Start Today is a song about finding hope within those times. Acknowledging that life is a series of moments, and each one, whether dark or light, brings beauty and a sense of calm if you're open to looking for it.

You Can Start Today, beautifully brought to life in collaboration with Lindsay Butler Studios, encourages us to appreciate that life has an incredible balance to it, after all, we can't have a rainbow without a little rain.